Level 1 ITQ

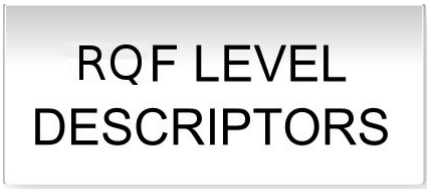
League Table points for 2017-2019



[1]



[2]



[3]

Level 1

Level 1, Unit 1 - Improving Productivity Using IT (3 credits)

1. Plan the use of appropriate IT systems and software to meet needs

1.1 I can identify the purpose for using IT in my work. [4]

1.2 I can identify the methods, skills and resources needed to complete my tasks successfully. [7]

1.3 I can plan how to carry out the task using IT to achieve the required purpose and outcome. [10]

1.4 I can identify reasons for choosing particular IT systems and software applications for the task. [13]

1.5 I can choose a particular technology to meet my needs. [15]

2. Use IT systems and software efficiently to complete planned tasks

2.1 I can identify automated routines to improve productivity. [5]

2.2 I can use automated routines to improve productivity. [8]

2.3 I can complete planned tasks using IT. [11]

3. Review the selection and use of IT tools to make sure tasks are successful

3.1 I can check the outcomes of my work to make sure they are as intended. [6]

3.2 I can decide whether the IT tools I chose were suitable for my tasks. [9]

3.3 I can identify some strengths and weaknesses in my work on completed tasks. [12]

3.4 I can suggest some improvements to make my work more effective. [14]

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1.6 I can identify an acceptable use policy and legal requirments that affect my work. [16]

Level 1, Unit 4 - IT Security for Users (1 credit)

1. Use appropriate methods to minimise security risks to IT systems and data

1.1 I can identify security issues that might threaten system performance. [18]

1.2 I can take appropriate security precautions to protect IT systems and data. [19]

1.3 I can identify threats to information security associated with widespread use of technology. [20]

1.4 I can take appropriate precautions to keep information secure. [21]

1.5 I can follow relevant guidelines and procedures for the secure use of IT. [22]

1.6 I can explain why it is important to backup data securely. [23]

1.7 I can ensure that my personal data is backed up to appropriate media. [24]

Level 1, Unit 102 - Digital Editing and Publishing (4 credits)

1. Select and use appropriate designs and layouts for publications

1.1 I can identify the types of information needed in my work. [26]

1.2 I can identify a suitable structure for presentation. [29]

1.3 I can follow

2. Input and combine information within publications

2.1 I can identify copyright on information for import. [27]

2.2 I can identify file types suitable for import. [30]

2.3 I can convert file types

3. Use software techniques to edit and format publications

3.1 I can identify formatting and editing needs. [28]

3.2 I can apply appropriate editing techniques to information components. [31]

3.3 I can apply appropriate

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instructions to use the layout in accordance with guidelines. [32]

1.4 I can select and use appropriate media for the publication. [35]

1.5 I can evaluate a design in terms of its suitability for purpose. [38]

1.6 I can consider issues related to open systems. [41]

to compatible formats. [33]

2.4 I can import information into a layout manager ready for editing and formatting. [36]

2.5 I can combine information to convey meaning to an audience. [39]

2.6 I can store and retrieve information in line with local guidelines. [42]

2.7 I can consider issues related to interoperability. [43]

formatting techniques to information components. [34]

3.4 I can evaluate finished work in relation to intentions. [37]

3.5 I can assign a copyright license to finished work. [40]

Level 1, Unit 103 - Digital Modelling (4 credits)

1. Use a modelling application to edit and organise data

1.1 I can set up a structure for a model to meet needs. [45]

1.2 I can identify what numerical and other information is needed. [48]

1.3 I can enter and edit numerical and other data accurately. [51]

1.4 I can store and retrieve models effectively, in line with local guidelines and conventions where available. [54]

2. Use appropriate tools, methods and feedback to build a model

2.1 I can follow instructions to input information. [46]

2.2 I can select and implement tools that make the model functional. [49]

2.3 I can obtain feedback on the model. [52]

2.4 I can use feedback to improve the model. [55]

3. Use of IT tools to present a model to an audience

3.1 I can select and use appropriate tools and techniques to prepare a model for presentation. [47]

3.2 I can present a model and explain its purpose. [50]

3.3 I can receive feedback graciously. [53]

3.4 I can evaluate finished work in relation to intentions. [56]

3.5 I can assign a copyright license to finished

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work. [57]

Level 1, Unit 105 - Digital Design and Graphics (4 credits)

1. Plan the use of appropriate IT systems and software to source content for designs.

1.1 I can identify design needs. [59]

1.2 I can identify copyright license constraints on resources. [62]

1.3 I can find images suitable to support the design. [65]

1.4 I can originate content in appropriate formats. [68]

1.5 I can originate information that meets the design needs. [71]

2. Use IT systems and software efficiently to organise the content of the design.

2.1 I can use a range of techniques to manipulate design components. [60]

2.2 I can use space and colour effectively. [63]

2.3 I can use appropriate precision in designs. [66]

2.4 I can use appropriate scale in designs. [69]

3. Use of IT tools to export to suitable finished states.

3.1 I can export vector graphics to raster graphics. [61]

3.2 I can follow instructions to scale images to set dimensions. [64]

3.3 I can follow instructions to trade off image quality for reduced file size. [67]

3.4 I can evaluate finished work in relation to intentions. [70]

3.5 I can assign a copyright license to finished work. [72]

Links to ITQ units

Entry Level	Level 1	Level 2	Level 3
Entry Level 1, Unit R - Registration [74]	Level 1, Unit R - Registration [75]	Level 2, Unit R - Registration [76]	Level 3, Unit R - Registration [77]
Entry Level 1, Unit 1 - Improving Productivity Using IT (1 credit) [78]	Level 1, Unit 1 - Improving Productivity Using IT (3 credits) [79]	Level 2, Unit 1 - Improving Productivity Using IT (4 credits) [80]	Level 3, Unit 1 - Improving Productivity Using IT (5 credits) [81]
Entry Level 1, Unit	Level 1, Unit 2 -	Level 2, Unit 2 -	Level 3, Unit 2 -

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2 - Using ICT to Select and Exchange Information (2 credits) [82]	Website Software (3 credits) [83]	Website Software (4 credits) [84]	Website Software (5 credits) [85]
Entry Level 1, Unit 3 - Online Basics (2 credits) [86]	Level 1, Unit 3 - Using Collaborative Technologies (3 credits) [87]	Level 2, Unit 3 - Using Collaborative Technologies (4 credits) [88]	Level 3, Unit 3 - Using Collaborative Technologies (6 credits) [89]
Entry Level 1, Unit 4 - Desktop Publishing Software (2 credits) [90]	Level 1, Unit 4 - IT Security for Users (1 credit) [91]	Level 2, Unit 4 - IT Security for Users (2 credits) [92]	Level 3, Unit 4 - IT Security for Users (3 credits) [93]
Entry Level 1, Unit 5 - Safe Working Practices (2 credits) [94]	Level 1, Unit 5 - Spreadsheet Software (3 credits) [95]	Level 2, Unit 5 - Spreadsheet Software (4 credits) [96]	Level 3, Unit 5 - Spreadsheet Software (6 credits) [97]
Entry Level 1, Unit 6 - Using ICT in the Workplace (2 credits) [98]	Level 1, Unit 6 - Specialist Software (2 credits) [99]	Level 2, Unit 6 - Specialist software (3 credits) [100]	Level 3, Unit 6 - Specialist Software (4 credits) [101]
Entry Level 1, Unit 7 - Imaging software (2 credits) [102]	Level 1, Unit 7 - Word Processing (3 credits) [103]	Level 2, Unit 7 - Word processing (4 credits) [104]	Level 3, Unit 7 - Word Processing Software (6 credits) [105]
Entry Level 1, Unit 8 - Using ICT Equipment in a Work Place (2 credits) [106]	Level 1, Unit 8 - Using the Internet (3 credits) [107]	Level 2, Unit 8 - Using the internet (4 credits) [108]	Level 3, Unit 8 - Using the Internet (5 credits) [109]
Entry Level 1, Unit 9 - Using Word Processing Software (2 credits) [110]	Level 1, Unit 9 - Drawing and planning (2 credits) [111]	Level 2, Unit 9 - Drawing and planning (3 credits) [112]	Level 3, Unit 9 - Drawing and Planning Software (4 credits) [113]
Entry Level 1, Unit 11 - Audio and Video Software (2 credits) [114]	Level 1, Unit 10 - Presentation Software (3 credits) [115]	Level 2, Unit 10 - Presentation software (4 credits) [116]	Level 3, Unit 10 - Presentation Software (6 credits) [117]
Entry Level 1, Unit 12 - Presentation Software (2 credits) [118]	Level 1, Unit 11 - Database Software (3 credits) [119]	Level 2, Unit 11 - Database software (4 credits) [120]	Level 3, Unit 11 - Database Software (6 credits) [121]
Entry Level 1, Unit 13 - Computer Games Development (2 credits) [122]	Level 1, Unit 12 - Desktop Publishing Software (3 credits) [123]	Level 2, Unit 12 - Desktop Publishing Software (4 credits) [124]	Level 3, Unit 12 - Desktop Publishing Software (5 credits) [125]

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Entry Level 1, Unit 14 - Video Communication (2 credits) [126]

Entry Level 1, Unit 29 - Understand social media (2 credits) [130]

Entry Level 2, Unit R - Registration [134]

Entry Level 2, Unit 1 - Improving Productivity Using IT (2 credits) [138]

Entry Level 2, Unit 2 - Using ICT to Select and Exchange Information (2 credits) [142]

Entry Level 2, Unit 3 - Online Basics (2 credits) [146]

Entry Level 2, Unit 4 -Desktop Publishing Software (2 credits) [150]

Entry Level 2, Unit 5 - Using ICT: Safe Working Practices (1 credit) [154]

Entry Level 2, Unit 6 - Using ICT in the Workplace (3 credits) [158]

Entry Level 2, Unit 7 - Imaging software (2 credits) [162]

Entry Level 2, Unit 8 - Using ICT

Level 1, Unit 13 - Using Email (2 credits) [127]

Level 1, Unit 14 - Audio Software (2 credits) [131]

Level 1, Unit 15 - Imaging Software (3 credits) [135]

Level 1, Unit 16 - IT Communication Fundamentals (2 credits) [139]

Level 1, Unit 17 - Video Software (2 credits) [143]

Level 1, Unit 18 - IT Software Fundamentals (3 credits) [147]

Level 1, Unit 19 - IT User Fundamentals (3 credits) [151]

Level 1, Unit 20 - Using Mobile IT Devices (2 credits) [155]

Level 1, Unit 21 - Data Management Software (2 credits) [159]

Level 1, Unit 22- Understanding the social and environmental impact of architecture and construction (3 credits) [163]

Level 1, Unit 23 - Multimedia Software

Level 2, Unit 13 - Using Email (3 credits) [128]

Level 2, Unit 14 - Audio Software (3 credits) [132]

Level 2, Unit 15 - Imaging Software (4 credits) [136]

Level 2, Unit 16 - IT Communication Fundamentals (2 credits) [140]

Level 2, Unit 17 - Video Software (3 credits) [144]

Level 2, Unit 18 - IT Software Fundamentals (3 credits) [148]

Level 2, Unit 19 - IT User Fundamentals (3 credits) [152]

Level 2, Unit 20 - Using Mobile IT Devices (2 credits) [156]

Level 2, Unit 21 - Data Management Software (3 credits) [160]

Level 2, Unit 22 -Understanding the social and environmental impact of architecture and construction (4 credits) [164]

Level 2, Unit 23 - Multimedia Software

Level 3, Unit 13 - Using Email (3 credits) [129]

Level 3, Unit 14 - Audio Software (4 credits) [133]

Level 3, Unit 15 - Imaging Software (5 credits) [137]

Level 3, Unit 17 - Video Software (4 credits) [141]

Level 3, Unit 23 - Multimedia Software (6 credits) [145]

Level 3, Unit 24 - Additive Manufacture (6 credits) [149]

Level 3, Unit 27 - Design Software (5 credits) [153]

Level 3, Unit 28 - Optimise IT System Performance (5 credits) [157]

Level 3, Unit 29 - Set Up an IT System (5 credits) [161]

Level 3, Unit 30 - Computer Aided Design (6 credits) [165]

Level 3, Unit 32 - Computerised

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Equipment in a Work Place (2 credits) [166]

(3 credits) [167]

(4 credits) [168]

Accounting Software (5 credits) [169]

Entry Level 2, Unit 9 - Using Word Processing Software (2 credits) [170]

Level 1, Unit 24 - Additive Manufacture (3 credits) [171]

Level 2, Unit 24 - Additive Manufacture (3 credits) [172]

Level 3, Unit 33 - Application Development Using Project Management Methods (6 credits) [173]

Entry Level 2, Unit 10 - ICT for Employment (1 credit) [174]

Level 1, Unit 25 - Developing Computer Games and Puzzles (4 credits) [175]

Level 2, Unit 25 - Developing Computer Games and Puzzles (4 credits) [176]

Level 3, Unit 37 - Internet of Things (6 credits) [177]

Entry Level 2, Unit 11 - Audio and Video Software (2 credits) [178]

Level 1, Unit 26 - Computer Games Development (3 credits) [179]

Level 2, Unit 26 - Computer Games Development (4 credits) [180]

Level 3, Unit 40 - Cloud Based Services and Applications (5 credits) [181]

Entry Level 2, Unit 12 - Presentation Software (2 credits) [182]

Level 1, Unit 27 - Design Software (3 credits) [183]

Level 2, Unit 27 - Design Software (4 credits) [184]

Level 3, Unit 41 - Cloud Based Systems and Security (5 credits) [185]

Entry Level 2, Unit 14 - Video Communication (2 credits) [186]

Level 1, Unit 28 - Optimise IT System Performance (2 credits) [187]

Level 2, Unit 28 - Optimise IT System Performance (4 credits) [188]

Level 3, Unit 42 - Undertaking a RealWorld Project (5 credits) [189]

Entry Level 2, Unit 16 - Using Collaborative Technologies (2 credits) [190]

Level 1, Unit 29 - Set Up an IT System (3 credits) [191]

Level 2, Unit 29 - Set Up an IT System (4 credits) [192]

Level 3, Unit 44 - Bespoke Software (4 credits) [193]

Entry Level 2, Unit 26 - Computer Games Development (2 credits) [194]

Level 1, Unit 30 - CAD (3 credits) [195]

Level 2, Unit 30 - CAD (3 credits) [196]

Level 3, Unit 57 - Networking Fundamentals (5 credits) [197]

Entry Level 2, Unit 29 - Understand social media (2 credits) [198]

Level 1, Unit 31 - Internet Safety for IT users (3 credits) [199]

Level 2, Unit 32 - Computerised Accounting Software (3 credits) [200]

Level 3, Unit 60 - Cisco CCNA 1 – Introduction to Networks (6 credits) [201]

Entry Level 2, Unit 32 - Website Software (2 credits) [202]

Level 1, Unit 32 - Computerised Accounting Software (2 credits)

Level 2, Unit 33 - Application Development Using Project

Level 3, Unit 61 - Cisco CCNA 2 – Routing and Switching (6 credits)

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[203]

Management Methods (4 credits) [204]

[205]

Entry Level 2, Unit 36 - Specialist Software (2 credits) [206]

Level 1, Unit 36 - Financial Modelling (3 credits) [207]

Level 2, Unit 34 - Developing skills for project management (4 credits) [208]

Level 3, Unit 62 - Cisco CCNA 3 – Scaling Networks (6 credits) [209]

Entry Level 3, Unit R - Registration [210]

Level 1, Unit 38 - Animation Software (3 credits) [211]

Level 2, Unit 35 - Using Project Management Software (4 credits) [212]

Level 3, Unit 63 - Cisco CCNA 4 – Connecting Networks (6 credits) [213]

Entry Level 3, Unit 1 - Improving Productivity Using IT (3 credits) [214]

Level 1, Unit 39 - Digital Art (3 credits) [215]

Level 2, Unit 38 - Animation Software (4 credits) [216]

Level 3, Unit 64 - Cisco – CCNA Security (6 credits) [217]

Entry Level 3, Unit 2 - Online Basics (1 credit) [218]

Level 1, Unit 43 - E-safety for learners (2 credits) [219]

Level 2, Unit 39 - Digital Art (4 credits) [220]

Level 3, Unit 65 - Cisco – CyberSecurity Essentials (6 credits) [221]

Entry Level 3, Unit 3 - Desktop Publishing Software (2 credits) [222]

Level 1, Unit 50 - Developing skills for remote working (3 credits) [223]

Level 2, Unit 43 - E-safety for learners (3 credits) [224]

Level 3, Unit 66 - Cisco – IT Essentials (6 credits) [225]

Entry Level 3, Unit 4 - Displaying Information Using ICT (3 credits) [226]

Level 1, Unit 51 - Effectiveness communication using remote systems (4 credits) [227]

Level 2, Unit 50 - Developing skills for remote working (3 credits) [228]

Level 3, Unit 67 - Cisco – Networking Essentials (6 credits) [229]

Entry Level 3, Unit 5 - Using ICT to Find Information (3 credits) [230]

Level 1, Unit 102 - Digital Editing and Publishing (4 credits) [231]

Level 2, Unit 51 - Effectiveness communication using remote systems (4 credits) [232]

Entry Level 3, Unit 6 - Communicating Information Using ICT (3 credits) [233]

Level 1, Unit 103 - Digital Modelling (4 credits) [234]

DELLevel 2, Unit 70 - Understanding of Cyber Security and Online Threats (3 credits) [235]

Entry Level 3, Unit 7 - Producing Charts Using ICT (3 credits) [236]

Level 1, Unit 105 - Digital Design and Graphics (4 credits) [237]

DELLevel 2, Unit 71 - Analysing and Evaluating Cyber Threats (3 credits) [238]

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Entry Level 3, Unit 8 - IT Security for users (1 credit) [239]

Entry Level 3, Unit 10 - Presentation software (2 credits) [241]

Entry Level 3, Unit 14 - Audio and Video Software (2 credits) [243]

Entry Level 3, Unit 15 - Imaging Software (2 credits) [245]

Entry Level 3, Unit 16 - Using Collaborative Technologies (3 credits) [247]

Entry Level 3, Unit 20 - Introduction to Using mobile IT devices (2 credits) [249]

Entry Level 3, Unit 23 - Multimedia Software (2 credits) [251]

Entry Level 3, Unit 25 - Developing Computer Games and Puzzles (3 credits) [253]

Entry Level 3, Unit 26 - Computer Games Development (3 credits) [255]

DELLevel 2, Unit 72 - Applying and Deploying Security Tools and Best Practice (3 credits) [240]

DELLevel 2, Unit 73 - Extended Project: Securing and Defending Online Systems (6 credits) [242]

Level 2, Unit 80 - Digital Tools and Best Practice for Project Management (5 credits) [244]

Level 2, Unit 81 - Digital Safety and Security Policies and Procedures (4 credits) [246]

Level 2, Unit 82 - Digital Editing and Publishing (3 credits) [248]

Level 2, Unit 83 - Digital Design and Graphics (3 credits) [250]

Level 2, Unit 84 - Digital Modelling and Data Management (3 credits) [252]

Level 2, Unit 85 - Virtual Reality and the Development Life Cycle (4 credits) [254]

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Entry Level 3, Unit 28 - Personal information management software (1 credit)
[256]

Entry Level 3, Unit 32 - Website Software (2 credits)
[257]

Entry Level 3, Unit 36 - Specialist Software (2 credits)
[206]

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Links
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[3] https://theingots.org/community/RQF_Levels
[4] https://theingots.org/community/sil1u1x#1.1
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[33] https://theingots.org/community/sil1u102x#2.3
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[35] https://theingots.org/community/sil1u102x#1.4
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[48] https://theingots.org/community/sil1u103x#1.2
[49] https://theingots.org/community/sil1u103x#2.2
[50] https://theingots.org/community/sil1u103x#3.2
[51] https://theingots.org/community/sil1u103x#1.3
[52] https://theingots.org/community/sil1u103x#2.3
[53] https://theingots.org/community/sil1u103x#3.3
[54] https://theingots.org/community/sil1u103x#1.4
[55] https://theingots.org/community/sil1u103x#2.4
[56] https://theingots.org/community/sil1u103x#3.4
[57] https://theingots.org/community/sil1u103x#3.5
[58] https://theingots.org/community/sil1u103i
[59] https://theingots.org/community/sil1u105x#1.1
[60] https://theingots.org/community/sil1u105x#2.1
[61] https://theingots.org/community/sil1u105x#3.1
[62] https://theingots.org/community/sil1u105x#1.2
[63] https://theingots.org/community/sil1u105x#2.2
[64] https://theingots.org/community/sil1u105x#3.2
[65] https://theingots.org/community/sil1u105x#1.3
[66] https://theingots.org/community/sil1u105x#2.3
[67] https://theingots.org/community/sil1u105x#3.3
[68] https://theingots.org/community/sil1u105x#1.4
[69] https://theingots.org/community/sil1u105x#2.4
[70] https://theingots.org/community/sil1u105x#3.4
[71] https://theingots.org/community/sil1u105x#1.5
[72] https://theingots.org/community/sil1u105x#3.5
[73] https://theingots.org/community/sil1u105i
[74] https://theingots.org/community/siel1u0reg
[75] https://theingots.org/community/sil1u0reg
[76] https://theingots.org/community/sil2u0reg
[77] https://theingots.org/community/sil3u0reg
[78] https://theingots.org/community/siel1u1
[79] https://theingots.org/community/sil1u1
[80] https://theingots.org/community/sil2u1
[81] https://theingots.org/community/sil3u1
[82] https://theingots.org/community/siel1u2
[83] https://theingots.org/community/sil1u2
[84] https://theingots.org/community/sil2u2
[85] https://theingots.org/community/sil3u2
[86] https://theingots.org/community/siel1u3
[87] https://theingots.org/community/sil1u3
[88] https://theingots.org/community/sil2u3
[89] https://theingots.org/community/sil3u3
[90] https://theingots.org/community/siel1u4
[91] https://theingots.org/community/sil1u4

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[92] https://theingots.org/community/sil2u4
[93] https://theingots.org/community/sil3u4
[94] https://theingots.org/community/siel1u5
[95] https://theingots.org/community/sil1u5
[96] https://theingots.org/community/sil2u5
[97] https://theingots.org/community/sil3u5
[98] https://theingots.org/community/siel1u6
[99] https://theingots.org/community/sil1u6
[100] https://theingots.org/community/sil2u6
[101] https://theingots.org/community/sil3u6
[102] https://theingots.org/community/siel1u7
[103] https://theingots.org/community/sil1u7
[104] https://theingots.org/community/sil2u7
[105] https://theingots.org/community/sil3u7
[106] https://theingots.org/community/siel1u8
[107] https://theingots.org/community/sil1u8
[108] https://theingots.org/community/sil2u8
[109] https://theingots.org/community/sil3u8
[110] https://theingots.org/community/siel1u9
[111] https://theingots.org/community/sil1u9
[112] https://theingots.org/community/sil2u9
[113] https://theingots.org/community/sil3u9
[114] https://theingots.org/community/siel1u11
[115] https://theingots.org/community/sil1u10
[116] https://theingots.org/community/sil2u10
[117] https://theingots.org/community/sil3u10
[118] https://theingots.org/community/siel1u12
[119] https://theingots.org/community/sil1u11
[120] https://theingots.org/community/sil2u11
[121] https://theingots.org/community/sil3u11
[122] https://theingots.org/community/siel1u13
[123] https://theingots.org/community/sil1u12
[124] https://theingots.org/community/sil2u12
[125] https://theingots.org/community/sil3u12
[126] https://theingots.org/community/siel1u14
[127] https://theingots.org/community/sil1u13
[128] https://theingots.org/community/sil2u13
[129] https://theingots.org/community/sil3u13
[130] https://theingots.org/community/siel1u29
[131] https://theingots.org/community/sil1U14
[132] https://theingots.org/community/sil2u14
[133] https://theingots.org/community/sil3u14
[134] https://theingots.org/community/siel2u0reg
[135] https://theingots.org/community/sil1u15
[136] https://theingots.org/community/sil2u15
[137] https://theingots.org/community/sil3u15
[138] https://theingots.org/community/siel2u1
[139] https://theingots.org/community/sil1u16
[140] https://theingots.org/community/sil2u16
[141] https://theingots.org/community/sil3u17
[142] https://theingots.org/community/siel2u2
[143] https://theingots.org/community/sil1u17
[144] https://theingots.org/community/sil2u17
[145] https://theingots.org/community/sil3u23
[146] https://theingots.org/community/siel2u3
[147] https://theingots.org/community/sil1u18
[148] https://theingots.org/community/sil2u18
[149] https://theingots.org/community/sil3u24
[150] https://theingots.org/community/siel2u4

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[151] https://theingots.org/community/sil1u19
[152] https://theingots.org/community/sil2u19
[153] https://theingots.org/community/sil3u27
[154] https://theingots.org/community/siel2u5
[155] https://theingots.org/community/sil1u20
[156] https://theingots.org/community/sil2u20
[157] https://theingots.org/community/sil3U28
[158] https://theingots.org/community/siel2u6
[159] https://theingots.org/community/sil1u21
[160] https://theingots.org/community/sil2u21
[161] https://theingots.org/community/sil3u29
[162] https://theingots.org/community/siel2u7
[163] https://theingots.org/community/sil1u22
[164] https://theingots.org/community/sil2u22
[165] https://theingots.org/community/sil3u30
[166] https://theingots.org/community/siel2u8
[167] https://theingots.org/community/sil1u23
[168] https://theingots.org/community/sil2u23
[169] https://theingots.org/community/sil3u32
[170] https://theingots.org/community/siel2u9
[171] https://theingots.org/community/sil1u24
[172] https://theingots.org/community/sil2u24
[173] https://theingots.org/community/sil3u33
[174] https://theingots.org/community/siel2u10
[175] https://theingots.org/community/sil1u25
[176] https://theingots.org/community/sil2u25
[177] https://theingots.org/community/sil3u37
[178] https://theingots.org/community/siel2u11
[179] https://theingots.org/community/sil1u26
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[185] https://theingots.org/community/sil3u41
[186] https://theingots.org/community/siel2u14
[187] https://theingots.org/community/sil1u28
[188] https://theingots.org/community/sil2u28
[189] https://theingots.org/community/sil3u42
[190] https://theingots.org/community/siel2u16
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[192] https://theingots.org/community/sil2u29
[193] https://theingots.org/community/sil3u44
[194] https://theingots.org/community/siel2u26
[195] https://theingots.org/community/sil1u30
[196] https://theingots.org/community/sil2u30
[197] https://theingots.org/community/sil3u57
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[199] https://theingots.org/community/sil1u31
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[201] https://theingots.org/community/sil3u60
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[204] https://theingots.org/community/sil2u33
[205] https://theingots.org/community/sil3u61
[206] https://theingots.org/community/siel3u36
[207] https://theingots.org/community/sil1u36
[208] https://theingots.org/community/sil2u34
[209] https://theingots.org/community/sil3u62

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[210] https://theingots.org/community/siel3u0reg
[211] https://theingots.org/community/sil1u38
[212] https://theingots.org/community/sil2u35
[213] https://theingots.org/community/sil3u63
[214] https://theingots.org/community/siel3u1
[215] https://theingots.org/community/sil1u39
[216] https://theingots.org/community/sil2u38
[217] https://theingots.org/community/sil3u64
[218] https://theingots.org/community/siel3u2
[219] https://theingots.org/community/sil1u43
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[222] https://theingots.org/community/siel3u3
[223] https://theingots.org/community/sil1u50
[224] https://theingots.org/community/sil2u43
[225] https://theingots.org/community/sil3u66
[226] https://theingots.org/community/siel3u_noprogression_1169
[227] https://theingots.org/community/sil1u51
[228] https://theingots.org/community/sil2u50
[229] https://theingots.org/community/sil3u67
[230] https://theingots.org/community/siel3u5
[231] https://theingots.org/community/sil1u102
[232] https://theingots.org/community/sil2u51
[233] https://theingots.org/community/siel3u6
[234] https://theingots.org/community/sil1u103
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[237] https://theingots.org/community/sil1u105
[238] https://theingots.org/community/sil2u71
[239] https://theingots.org/community/siel3u4
[240] https://theingots.org/community/sil2u72
[241] https://theingots.org/community/siel3u10
[242] https://theingots.org/community/sil2u73
[243] https://theingots.org/community/siel3u14
[244] https://theingots.org/community/sil2u80
[245] https://theingots.org/community/siel3u15
[246] https://theingots.org/community/sil2u81
[247] https://theingots.org/community/siel3u16
[248] https://theingots.org/community/sil2u82
[249] https://theingots.org/community/siel3u20
[250] https://theingots.org/community/sil2u83
[251] https://theingots.org/community/siel3u23
[252] https://theingots.org/community/sil2u84
[253] https://theingots.org/community/siel3u25
[254] https://theingots.org/community/sil2u85
[255] https://theingots.org/community/siel3u26
[256] https://theingots.org/community/siel3u28
[257] https://theingots.org/community/siel3u32

(function(i,s,o,g,r,a,m){i['GoogleAnalyticsObject']=r;i[r]=i[r]||function(){ (i[r].q=i[r].q||[]).push(arguments)},i[r].l=1*new Date();a=s.createElement(o), m=s.getElementsByTagName(o)[0];a.async=1;a.src=g;m.parentNode.insertBefore(a,m) })(window,document,'script','//www.google-analytics.com/analytics.js','ga'); ga('create', 'UA-46896377-2', 'auto'); ga('send', 'pageview');