

## Physical Education, P Scale

### P1(i) - Physical Education

#### 1. The learner will encounter activities and experiences

[1.1 I can experience various sounds.](#) [1]

[1.2 I can experience light patterns.](#) [3]

[1.3 I can experience music.](#) [5]

[1.4 I can experience a combination of action with sound.](#) [7]

[1.5 I can experience movement.](#) [9]

#### 2. The learner will encounter activities and experiences

[2.1 I can make a startled response to a sudden noise.](#) [2]

[2.2 I can make a startled response to a sudden movement.](#) [4]

[2.3 I can make a startled response to a sudden bright light.](#) [6]

[2.4 I can be passive or resistant.](#) [8]

### P1(ii) - Physical Education

#### 1. The learner will show emerging awareness of activities and experiences

[1.1 I can make a brief response to sound.](#) [11]

[1.2 I can make a brief response to a picture.](#) [13]

[1.3 I can make a brief response to music.](#) [15]

[1.4 I can make a brief response to physical sensory source.](#) [17]

[1.5 I can make a brief response to light patterns.](#) [18]

[1.6 I can make a brief response to a](#)

#### 2. The learner will show intermittent reactions

[2.1 I can react to movement.](#) [12]

[2.2 I can react to physical contact.](#) [14]

[2.3 I can react to a change in temperature.](#) [16]

[moving object.](#) [19]

## P2(i) - Physical Education

**1. The learner will react to new activities and experiences**

[1.1 I can react to unfamiliar sounds.](#) [21]

[1.2 I can react to unfamiliar images.](#) [24]

[1.3 I can react to a new task.](#) [26]

[1.4 I can react to a new experience.](#) [28]

**2. The learner will begin to show interest in people, events and objects**

[2.1 I can respond consistently to familiar people.](#) [22]

[2.2 I can respond consistently to familiar events.](#) [25]

[2.3 I can respond consistently to familiar objects.](#) [27]

**3. The learner will participate in shared activities**

[3.1 I can engage in co-active exploration.](#) [23]

## P2(ii) - Physical Education

**1. The learner will communicate consistent preferences**

[1.1 I can communicate preference for certain images.](#) [30]

**2. The learner will communicate affective responses**

[2.1 I can respond with volume variation.](#) [31]

**3. The learner will recognise familiar people, events and objects**

[3.1 I can recognise familiar people.](#) [32]

**4. The learner will perform simple actions.**

[4.1 I can attempt to perform a simple action.](#) [33]

**5. The learner will remember learned responses**

[5.1 I can remember learned responses over short periods of](#)

**6. The learner will participate in shared activities**

[6.1 I can co-operate with shared exploration.](#) [35]

[time.](#) [34]

[1.2 I can communicate preference for certain sounds.](#) [36]

[2.2 I can respond to specific stimulation.](#) [37]

[3.2 I can recognise familiar events.](#) [38]

[4.2 I can use trial and improvement to perform an action.](#) [39]

[6.2 I can co-operate with supported participation.](#) [40]

[3.3 I can recognise familiar objects.](#) [41]

## P3(i) - Physical Education

**1. The learner will request events or activities**

**2. The learner will participate in shared activities**

**3. The learner will sustain concentration.**

**4. The learner will explore materials**

**5. The learner will perform simple actions.**

**6. The learner will remember learned responses**

[1.1 I can request for an event or activity.](#) [43]

[2.1 I can participate in shared exploration with less support.](#) [44]

[3.1 I can sustain concentration for short periods.](#) [45]

[4.1 I can explore different materials in increasingly complex ways.](#) [46]

[5.1 I can perform simple actions.](#) [47]

[6.1 I can remember learned responses over extended periods.](#) [48]

[5.2 I can observe the result of my action.](#) [49]

[6.2 I can remember a learned activity.](#) [50]

[5.3 I can demonstrate an awareness of change as a result of my action.](#) [51]

[6.3 I can remember the purpose of equipment.](#) [52]

## P3(ii) - Physical Education

**1. The learner will initiate interactions and activities.**

[1.1 I can greet familiar people.](#)  
[54]

[1.2 I can initiate interactions with familiar people.](#) [59]

[1.3 I can initiate activities with familiar people.](#)  
[63]

**2. The learner will remember learned responses.**

[2.1 I can remember learned responses over increasing periods.](#) [55]

[2.2 I can anticipate familiar events.](#)  
[60]

**3. The learner will respond to options and choices.**

[3.1 I can respond to an option or choice.](#) [56]

[3.2 I can demonstrate dissatisfaction.](#)  
[61]

[3.3 I can demonstrate satisfaction.](#)  
[64]

[3.4 I can indicate preference.](#)  
[66]

**4. The learner will actively explore objects and events.**

[4.1 I can actively explore objects.](#) [57]

[4.2 I can actively explore events.](#)  
[62]

[4.3 I can remain interested in an activity for a short period.](#)  
[65]

**5. The learner will apply potential solutions systematically to problems.**

[5.1 I can attempt to solve simple problems.](#) [58]

## P4 - PE

**1. The learner will establish movement patterns and perform single actions**

[1.1 I can](#)

**2. The learner will respond to simple commands**

[2.1 I can respond](#)

**3. The learner will recognise familiar pieces of equipment**

[3.1 I can recognise](#)

**4. The learner will show awareness of cause and effect**

[4.1 I can show](#)

[demonstrate simple movement patterns.](#) [68]

[appropriately to simple commands.](#) [69]

[equipment frequently used in activities.](#) [70]

[some basic awareness of cause and effect.](#) [71]

[1.2 I can demonstrate single actions.](#) [72]

[3.2 I can select the correct equipment for a game.](#) [73]

[4.2 I can respond to praise by repeating an action.](#) [74]

## P5 - PE

**1. The learner will link two actions in a sequence**

**2. The learner will follow simple instructions**

**3. The learner will explore a variety of movements and show some awareness of space**

**4. The learner will understand some basic concepts**

**5. The learner will take turns with a partner or in a small group**

**6. The learner will recognise and collect, on request, familiar pieces of equipment**

[1.1 I can perform two separate actions.](#) [76]

[2.1 I can follow simple instructions.](#) [77]

[3.1 I can perform a variety of movements.](#) [78]

[4.1 I can demonstrate an understanding of some basic concepts.](#) [79]

[5.1 I can be patient and wait for my turn.](#) [80]

[6.1 I can recognise familiar pieces of equipment.](#) [81]

[1.2 I can link two actions in a sequence.](#) [82]

[3.2 I can explore movement in water.](#) [83]

[5.2 I can take turns with a partner.](#) [84]

[6.2 I can collect familiar pieces of equipment.](#) [85]

[3.3 I can demonstrate some awareness of space.](#) [86]

[5.3 I can take turns when part of a group.](#) [87]

[3.4 I can move within the available](#)

[space](#)  
[safely.](#) [88]

## P6 - PE

**1. The learner will work in pairs and small groups cooperatively**

[1.1 I can work appropriately with another person.](#) [90]

[1.2 I can work appropriately in a group activity.](#) [95]

[1.3 I can follow instructions.](#) [99]

[1.4 I can stay on task.](#) [101]

**2. The learner will move in a variety of ways**

[2.1 I can move in a variety of ways.](#) [91]

[2.2 I can move in different directions.](#) [96]

**3. The learner will link movements in a simple sequence**

[3.1 I can link movements in simple sequences.](#) [92]

**4. The learner will recognise small and large apparatus and use them with some basic control**

[4.1 I can recognise some small apparatus.](#) [93]

[4.2 I can recognise some large apparatus.](#) [97]

[4.3 I can use some small apparatus safely and with control.](#) [100]

[4.4 I can use some large apparatus safely and with control.](#) [102]

**5. The learner will throw and kick a ball, but lack direction**

[5.1 I can throw a ball in any direction.](#) [94]

[5.2 I can kick a ball in any direction.](#) [98]

## P7 - PE

**1. The learner will**

**2. The learner will use**

**3. The learner will**

**4. The learner will work**

**5. The learner will**

**6. The learner will be**

**express themselves through repetitive and simple sequences and movement patterns**

[1.1 I can perform a simple movement pattern.](#) [104]

[1.2 I can perform a sequence of simple movements.](#) [110]

[1.3 I can experiment with moving in different ways.](#) [116]

**control and coordination skills**

[2.1 I can demonstrate various control skills.](#) [105]

[2.2 I can demonstrate various coordination skills.](#) [111]

[3.3 I can listen to and follow instructions.](#) [117]

**listen to instructions and stop and start with some accuracy**

[3.1 I can "start" under command, with some accuracy.](#) [106]

[3.2 I can "stop" under command, with some accuracy.](#) [112]

**work closely in pairs, trios or small groups**

[4.1 I can work cooperatively with another person.](#) [107]

[4.2 I can work cooperatively with two other people.](#) [113]

[4.3 I can work in small groups.](#) [118]

**share and wait their turn**

[5.1 I can wait for my turn patiently.](#) [108]

[5.2 I can share equipment with others.](#) [114]

**be aware of the changes that happen to their bodies when they are active**

[6.1 I can be aware of changes to my body from exercise.](#) [109]

[6.2 I can describe how I feel after participating in different activities.](#) [115]

## P8 - PE

**1. The learner will move with some control and coordination**

**2. The learner will follow and imitate sequences and patterns in their movements**

**3. The learner will use small and large apparatus safely**

**4. The learner will be aware of space, themselves and others**

**5. The learner will play simple games and may require support to keep score and**

**6. The learner will recognize the changes that happen to their bodies when**

nts			follow game rules	they are active	
<a href="#">1.1 I can move with some control and coordination.</a> [120]	<a href="#">2.1 I can imitate simple movements.</a> [121]	<a href="#">3.1 I can use small apparatus safely.</a> [122]	<a href="#">4.1 I am aware of the space around me.</a> [123]	<a href="#">5.1 I can participate in command based games.</a> [124]	<a href="#">6.1 I can recognise changes to my body during exercise.</a> [125]
<a href="#">1.2 I can perform various actions with control and coordination.</a> [126]	<a href="#">2.2 I can imitate a sequence of movements.</a> [127]	<a href="#">3.2 I can use large apparatus safely.</a> [128]	<a href="#">4.2 I can move freely and safely within the available space.</a> [129]	<a href="#">5.2 I can participate in simple invasion games.</a> [130]	<a href="#">6.2 I can identify changes to my body after exercise.</a> [131]
	<a href="#">2.3 I can combine a series of movements.</a> [132]		<a href="#">4.3 I am aware of others.</a> [133]	<a href="#">5.3 I can participate in athletic games.</a> [134]	
	<a href="#">2.4 I can repeat a series of combined movements.</a> [135]		<a href="#">4.4 I can use the equipment correctly and safely.</a> [136]	<a href="#">5.4 I can understand that games have rules.</a> [137]	
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