

## NC Personal Health and Social Education

### Level 1 Unit 1 - PHSE

#### 1. The learner will operate effectively in society

[1.1 I can identify things I like, dislike, what is fair, unfair and what is right and what is wrong](#) [1]

[1.2 I can identify some things I am good at](#) [2]

[1.3 I understand the need for rules](#) [3]

[1.4 I can look after small quantities of money](#) [4]

[1.5 I know who to talk to in order to keep safe](#) [5]

[1.6 I can attend to my basic hygiene](#) [6]

### Level 2 Unit 1 - PHSE

#### 1. The learner will operate effectively in society

[1.1 I can share what I think about things with other people](#) [8]

[1.2 I can say why I feel angry, sad and happy](#) [9]

[1.3 I can set myself simple goals to improve things I am not so good at](#) [10]

[1.4 I can identify groups and teams to which I belong](#) [11]

[1.5 I can appreciate money as a reward for work](#) [12]

[1.6 I can identify a range of factors that promote a healthy lifestyle](#) [13]

[1.7 I can identify risks and hazards inside and outside school](#) [14]

[1.8 I can identify behaviour that helps make friends](#) [15]

[1.9 I can link poor hygiene to ill health](#) [16]

## Level 3 Unit 1 - PHSE

### 1. The learner will operate effectively in society

[1.1 I can explain my responsibilities to other people](#) [18]

[1.2 I can identify risks and dangers at home and at school](#) [19]

[1.3 I can explain how I might earn money to manage my affairs when I grow up](#) [20]

[1.4 I can contribute to making rules](#) [21]

[1.5 I can identify anti-social behaviour and say why it happens](#) [22]

[1.6 I can distinguish between what I want and what I need](#) [23]

[1.7 I can identify bias in some news reports](#) [24]

[1.8 I can describe a range of relationships between individuals and groups of people](#) [25]

[1.9 I can describe myself in a way that most people agree with](#) [26]

## Level 4 Unit 1 - PHSE

### 1. The learner will operate effectively in society

[1.1 I can write about my views and opinions](#) [28]

[1.2 I can argue a point with good humour and control](#) [29]

[1.3 I can identify mistakes and how to make things better](#) [30]

[1.4 I can identify changes in emotions in young people as they grow up](#) [31]

[1.5 I can identify and compare a range of jobs of people I know](#) [32]

[1.6 I can explain a point of view different from my own](#) [33]

[1.7 I can explain the basic concept of democracy](#) [34]

[1.8 I understand that some information is presented to me by people with a vested interest](#) [35]

[1.9 I can carry out a simple risk assessment in familiar circumstances](#) [36]

## Level 5 Unit 1 - PHSE

### 1. The learner will operate effectively in society

[1.1 I can express a preference for the types of career I would like and why](#) [38]

[1.2 I can use my initiative to learn new things independently](#) [39]

[1.3 I can manage my personal money effectively](#) [40]

[1.4 I can identify common ploys used by companies to get consumers to buy things they don't really need](#) [41]

[1.5 I can use vocabulary associated with risk such as possible, probable, certain, uncertain](#) [42]

[1.6 I can identify businesses where human performance is critical to success](#) [43]

[1.7 I understand the term self-esteem and identify behaviours associated with high and low self-esteem](#) [44]

[1.8 I can identify a range of risks to a healthy lifestyle](#) [45]

[1.9 I can describe how feelings change as young people pass from childhood to adulthood](#) [46]

## Level 6 Unit 6 - PHSE

### 1. The learner will operate effectively in society

[1.1 I can plan a career path with alternatives should my first choice not turn out to be possible](#) [48]

[1.2 I can demonstrate original work in a project spanning several weeks](#) [49]

[1.3 I can make forecasts for family money and how it can be managed](#) [50]

[1.4 I can associate risk with evidence](#) [51]

[1.5 I can explain reasons why people working in a business will be motivated of demotivated](#) [52]

[1.6 I understand that outward appearances often don't reflect internal feelings](#) [53]

[1.7 I can identify sources of information and support for a healthy lifestyle](#) [54]

[1.8 I can explain how feelings affect relationships](#) [55]

## Level 7 Unit 7 - PHSE

### 1. The learner will operate effectively in society

[1.1 I can provide a detailed description of what is needed to achieve my preferred career path](#) [57]

[1.2 I have undertaken a significant project where the outcomes were uncertain at the beginning](#) [58]

[1.3 I can give sound advice to other people about managing their personal finances](#) [59]

[1.4 I can explain the weaknesses in risk management due to uncertainties about evidence](#) [60]

[1.5 I can explain what makes businesses profitable and who stands to benefit](#) [61]

[1.6 I can empathise with people in difficult circumstances and appreciate how this affects how they see themselves](#) [62]

[1.7 I can decide which sources of information about health are likely to be reliable and which are likely to be misleading](#) [63]

[1.8 I can explain why some relationships change and some stay the same as we get older](#) [64]

## Level 8 Unit 8 - PHSE

### 1. The learner will operate effectively in society

[1.1 I can provide evidence of significant actions I have taken to make an ambitious career choice possible](#) [66]

[1.2 I have managed a project with a complex budget](#) [67]

[1.3 I can quantify risk using statistical methods in straightforward situations](#) [68]

[1.4 I have analysed a local business in terms of its profit, loss, turnover and investment](#) [69]

[1.5 I can explain the legal implications of substance abuse](#) [70]

[1.6 I can demonstrate positive relationships with the people I deal with](#) [71]

## Level 9 Unit 9 - PHSE

### 1. The learner will operate effectively in society

[1.1 I have a comprehensive understanding of most personal finance issues](#) [73]

[1.2 I can identify opportunities and decide which will lead to the best results](#) [74]

[1.3 I can use quantitative methods to prioritise risk based on probability](#) [75]

[1.4 I understand the advantages and disadvantages of the ways businesses can be financed](#) [76]

[1.5 I can explain changes in emotions during growing up in scientific detail](#) [77]

[1.6 I can influence positive relationships and behaviour in my peers.](#) [78]

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