NC Personal Health and Social Education

Level 1 Unit 1 - PHSE

1. The learner will operate effectively in society

1.1 I can identify things I like, dislike, what is fair, unfair and what is right and what is wrong [1]

1.2 I can identify some things I am good at [2]

1.3 I understand the need for rules [3]

1.4 I can look after small quantities of money [4]

1.5 I know who to talk to in order to keep safe [5]

1.6 I can attend to my basic hygiene [6]

Level 2 Unit 1 - PHSE

1. The learner will operate effectively in society

1.1 I can share what I think about things with other people [8]

1.2 I can say why I feel angry, sad and happy [9]

1.3 I can set myself simple goals to improve things I am not so good at [10]

1.4 I can identify groups and teams to which I belong [11]

1.5 I can appreciate money as a reward for work [12]

1.6 I can identify a range of factors that promote a healthy lifestyle [13]

1.7 I can identify risks and hazards inside and outside school [14]

1.8 I can identify behaviour that helps make friends [15]

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1.9 I can link poor hygiene to ill health [16]

Level 3 Unit 1 - PHSE

1. The learner will operate effectively in society

1.1 I can explain my responsibilities to other people [18]

1.2 I can identify risks and dangers at home and at school [19]

1.3 I can explain how I might earn money to manage my affairs when I grow up [20]

1.4 I can contribute to making rules [21]

1.5 I can identify anti-social behaviour and say why it happens [22]

1.6 I can distinguish between what I want and what I need [23]

1.7 I can identify bias in some news reports [24]

1.8 I can describe a range of relationships between individuals and groups of people [25]

1.9 I can describe myself in a way that most people agree with [26]

Level 4 Unit 1 - PHSE

1. The learner will operate effectively in society

1.1 I can write about by views and opinions [28]

1.2 I can argue a point with good humour and control [29]

1.3 I can identify mistakes and how to make things better [30]

1.4 I can identify changes in emotions in young people as they grow up [31]

1.5 I can identify and compare a range of jobs of people I know [32]

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1.6 I can explain a point of view different from my own [33]

1.7 I can explain the basic concept of democracy [34]

1.8 I understand that some information is presented to me by people with a vested interest [35]

1.9 I can carry out a simple risk assessment in familiar circumstances [36]

Level 5 Unit 1 - PHSE

1. The learner will operate effectively in society

1.1 I can express a preference for the types of career I would like and why [38]

1.2 I can use my initiative to learn new things independently [39]

1.3 I can manage my personal money effectively [40]

1.4 I can identify common ploys used by companies to get consumers to buy things they don't really need [41]

1.5 I can use vocabulary associated with risk such as possible, probable, certain, uncertain [42]

1.6 I can identify businesses where human performance is critical to success [43]

1.7 I understand the term self-esteem and identify behavious associated with high and low self-esteem [44]

1.8 I can identify a range of risks to a healthy lifestyle [45]

1.9 I can describe how feelings change as young people pass from childhood to adulthood [46]

Level 6 Unit 6 - PHSE

1. The learner will operate effectively in society

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1.1 I can plan a career path with alternatives should my first choice not turn out to be possible [48]

1.2 I can demonstrate original work in a project spanning several weeks [49]

1.3 I can make forecasts for family money and how it can be managed [50]

1.4 I can associate risk with evidence [51]

1.5 I can explain reasons why people working in a business will be motivated of demotivated [52]

1.6 I understand that outward appearances often don't reflect internal feelings [53]

1.7 I can identify sources of information and support for a healthy lifestyle [54]

1.8 I can explain how feelings affect relationships [55]

Level 7 Unit 7 - PHSE

1. The learner will operate effectively in society

1.1 I can provide a detailed description of what is needed to achieve my preferred career path [57]

1.2 I have undertaken a significant project where the outcomes were uncertain at the beginning [58]

1.3 I can give sound advice to other people about managing their personal finances [59]

1.4 I can explain the weaknesses in risk management due to uncertainties about evidence [60]

1.5 I can explain what makes businesses profitable and who stands to benefit [61]

1.6 I can empathise with people in difficult circumstances and appreciate how this affects how they see themselves [62]

1.7 I can decide which sources of information about health are likely to be reliable and which are likely to be misleading [63]

1.8 I can explain why some relationships change and some stay the same as we get older [64]

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Level 8 Unit 8 - PHSE

1. The learner will operate effectively in society

1.1 I can provide evidence of significant actions I have taken to make an ambitious career choice possible [66]

1.2 I have managed a project with a complex budget [67]

1.3 I can quantify risk using statistical methods in straightforward situations [68]

1.4 I have analysed a local business in terms of its profit, loss, turnover and investment [69]

1.5 I can explain the legal implications of substance abuse [70]

1.6 I can demonstrate positive relationships with the people I deal with [71]

Level 9 Unit 9 - PHSE

1. The learner will operate effectively in society

1.1 I have a comprehensive understanding of most personal finance issues [73]

1.2 I can identify opportunities and decide which will lead to the best results [74]

1.3 I can use quantitative methods to prioritise risk based on probability [75]

1.4 I understand the advantages and disadvantages of the ways businesses can be financed [76]

1.5 I can explain changes in emotions during growing up in scientific detail [77]

1.6 I can influence positive relationships and behaviour in my peers. [78]

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