Back ups

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The importance of backing up data

It is important to back up your work so that you can restore a back up copy if the other one is lost after someone has stolen it, or if you get hardware failure, software bugs or even a computer virus. You should back up your important work and other files which would be hard to replace. Therefore backing up data can prevent data lost. It's also important because it can protect important files like business contacts, presentations and text documents and other valuable information.

Data can be lost if the information is stored in a hard drive. This is caused by the hard disk failing and not being in use any more. Most people have hard disks that have already failed or will fail, that's why it is important to back up your work. Another reason of backing up your data is that it might be lost because of power failure or spikes.

 Windows Live Mesh provides cloud storage for your most important files. You can always chose an online storage space if you need some extra space. Ano   ther place you could back your work or information to is Windows 7 because it helps you chose which information you should back up or you can pick individual files yourself. Windows can back up the files with any schedule you choose. You could also back up the data to another drive or DVD. Another option is backing it up to a windows 7 network.

 You can keep your back ups secure by storing them in an online storage space. This way it keeps them safe and you won't lose them if they are saved on your hard disk in your computer just in case you get a virus or you

accidentally delete them. Also your computer disk could just crash and then you might not get them back.

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