BACK TO SCHOOLS ITO [1]

Handbook home page [2]

- General guidance for interpreting QCF qualification levels [3]
- Link to assessor's guide to interpreting the criteria for this unit [4]
- Click on the links in the table below for specific guidance on the assessment criteria.
- National Strategies <u>APP criteria</u> [5].
- References to personal learning and thinking skills (PLTS) [6]

Level 3, Unit 4 - IT Security for Users (3 credits)

1. 1. Select, use and develop appropriate procedures to monitor and minimise security risk to IT systems and data

1.1 I can evaluate the security issues that may threaten system performance [7]

<u>1.2 I can select, use and evaluate a range of security precautions to protect IT</u> systems and monitor security [8]

1.3 I can evaluate the threats to system and information security and integrity [9]

1.4 I can manage access to information sources securely to maintain confidentiality, integrity and availability of information [10]

1.5 I can explain why and how to minimise security risks to hardware, software and data for different users [11]

<u>1.6 I can apply, maintain and develop guidelines and procedures for the secure</u> <u>use of IT</u> [12]

<u>1.7 I can select and use effective backup and archiving procedures for systems</u> and data [13]

Links to ITQ units

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| Entry Level | Level 1 | Level 2 | Level 3 |
|--|--|--|---|
| Entry Level 1. <u>Unit R -</u> Registration [15] | Level 1, Unit R - Registration [16] | <u>Level 2, Unit R -</u> <u>Registration</u> [17] | <u>Level 3, Unit R -</u> <u>Registration</u> [18] |
| Entry Level 1, Unit 1 - Improving Productivity Using IT (1 credit) [19] | <u>Level 1, Unit 1 -</u> Improving Productivity Using IT (3 credits) [20] | <u>Level 2, Unit 1 -</u> Improving Productivity Using IT (4 credits) [21] | <u>Level 3, Unit 1 -</u> Improving Productivity Using IT (5 credits) [22] |
| Entry Level 1, Unit 2 - Using ICT to Select and Exchange Information (2 credits) [23] | Level 1, Unit 2 - Website Software (3 credits) [24] | Level 2, Unit 2 - Website Software (4 credits) [25] | <u>Level 3, Unit 2 -</u> <u>Website Software</u> (<u>5 credits)</u> [26] |
| Entry Level 1, Unit 3 - Online Basics (2 credits) [27] | Level 1, Unit 3 - Using Collaborative Technologies (3 credits) [28] | Level 2, Unit 3 - Using Collaborative Technologies (4 credits) [29] | Level 3, Unit 3 - Using Collaborative Technologies (6 credits) [30] |
| Entry Level 1, Unit 4 - Desktop Publishing Software (2 credits) [31] | Level 1, Unit 4 - IT Security for Users (1 credit) [32] | Level 2, Unit 4 - IT Security for Users (2 credits) [33] | Level 3, Unit 4 - IT Security for Users (3 credits) [34] |
| Entry Level 1, Unit 5 - Safe Working Practices (2 credits) [35] | Level 1, Unit 5 - Spreadsheet Software (3 credits) [36] | Level 2, Unit 5 - Spreadsheet Software (4 credits) [37] | Level 3, Unit 5 - Spreadsheet Software (6 credits) [38] |
| Entry Level 1, Unit 6 - Using ICT in the Workplace (2 credits) [39] | <u>Level 1, Unit 6 -</u> Specialist Software (2 credits) [40] | Level 2, Unit 6 - Specialist software (3 credits) [41] | <u>Level 3, Unit 6 -</u> <u>Specialist</u> <u>Software (4</u> <u>credits)</u> [42] |
| Entry Level 1, Unit 7 - Imaging software (2 credits) [43] | Level 1, Unit 7 - Word Processing (3 credits) [44] | Level 2, Unit 7 - Word processing (4 credits) [45] | Level 3, Unit 7 - Word Processing Software (6 credits) [46] |
| Entry Level 1, Unit 8 - Using ICT Equipment in a Work Place (2 credits) [47] | Level 1, Unit 8 - Using the Internet (3 credits) [48] | Level 2, Unit 8 - Using the internet (4 credits) [49] | <u>Level 3, Unit 8 -</u> <u>Using the Internet</u> <u>(5 credits)</u> [50] |
| Entry Level 1, Unit 9 - Using Word Processing Software (2 credits) [51] | Level 1, Unit 9 - Drawing and planning (2 credits) [52] | Level 2, Unit 9 - Drawing and planning (3 credits) [53] | Level 3, Unit 9 - Drawing and Planning Software (4 credits) [54] |

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| Entry Level 1. Unit 11 - Audio and Video Software (2 credits) [55] | Level 1, Unit 10 - Presentation Software (3 credits) [56] | Level 2, Unit 10 - Presentation software (4 credits) [57] | Level 3, Unit 1 Presentation Software (6 credits) [58] |
|--|---|--|--|
| Entry Level 1. Unit 12 - Presentation Software (2 credits) [59] | Level 1, Unit 11 - Database Software (3 credits) [60] | Level 2, Unit 11 - Database software (4 credits) [61] | Level 3, Unit 1 Database Software (6 credits) [62] |
| Entry Level 1. Unit 13 - Computer Games Development (2 credits) [63] | Level 1, Unit 12 - Desktop Publishing Software (3 credits) [64] | Level 2, Unit 12 - Desktop Publishing Software (4 credits) [65] | Level 3, Unit 1 Desktop Publishing Software (5 credits) [66] |
| Entry Level 1. Unit 14 - Video Communication (2 credits) [67] | Level 1, Unit 13 - Using Email (2 credits) [68] | Level 2, Unit 13 - Using Email (3 credits) [69] | Level 3, Unit 1 Using Email (3 credits) [70] |
| Entry Level 1. Unit 29 - Understand social media (2 credits) [71] | Level 1, Unit 14 - Audio Software (2 credits) [72] | Level 2, Unit 14 - Audio Software (3 credits) [73] | Level 3, Unit 1 Audio Software credits) [74] |
| <u>Entry Level 2.</u> <u>Unit R -</u> Registration [75] | Level 1, Unit 15 - Imaging Software (3 credits) [76] | Level 2, Unit 15 - Imaging Software (4 credits) [77] | Level 3, Unit 1 Imaging Softwa (5 credits) [78] |
| Entry Level 2, Unit 1 - Improving Productivity Using IT (2 credits) [79] | Level 1, Unit 16 - IT Communication Fundamentals (2 credits) [80] | Level 2, Unit 16 - IT Communication Fundamentals (2 credits) [81] | Level 3, Unit 1 Video Software credits) [82] |
| Entry Level 2, Unit 2 - Using ICT to Select and Exchange Information (2 credits) [83] | Level 1, Unit 17 - Video Software (2 credits) [84] | Level 2, Unit 17 - Video Software (3 credits) [85] | Level 3, Unit 2 Multimedia Software (6 credits) [86] |
| <u>Entry Level 2.</u> <u>Unit 3 - Online</u> <u>Basics (2 credits)</u> [87] | Level 1, Unit 18 - IT Software Fundamentals (3 credits) [88] | <u>Level 2, Unit 18 -</u> IT Software Fundamentals (3 credits) [89] | Level 3, Unit 2 Additive Manufacture (6 credits) [90] |
| Entry Level 2, Unit 4 -Desktop Publishing Software (2 credits) [91] | Level 1, Unit 19 - IT User Fundamentals (3 credits) [92] | Level 2, Unit 19 - IT User Fundamentals (3 credits) [93] | Level 3, Unit 2 Design Softward (5 credits) [94] |
| Entry Level 2. | Level 1. Unit 20 - | Level 2. Unit 20 - | Level 3. Unit 2 |

Entry Level 2,Level 1, Unit 20 -Level 2, Unit 20 -Level 3, Unit 28 -(function(i,s,o,g,r,a,m){i['GoogleAnalyticsObject']=r;i[r]=i[r]]|function(){ (i[r].q=i[r].q||[]).push(arguments)},i[r].l=1*newDate();a=s.createElement(o), m=s.getElementsByTagName(o)[0];a.async=1;a.src=g;m.parentNode.insertBegee(aph)]})(window,document,'script','//www.google-analytics.com/analytics.js','ga'); ga('create', 'UA-46896377-2', 'auto'); ga('send', 'pageview');

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| <u>Unit 5 - Using ICT:</u> <u>Safe Working</u> <u>Practices (1</u> <u>credit)</u> [95] | <u>Using Mobile IT</u> <u>Devices (2 credits)</u> [96] | <u>Using Mobile IT</u> <u>Devices (2 credits)</u> [97] | <u>Optimise IT</u> <u>System</u> <u>Performance (5</u> <u>credits)</u> [98] |
|---|---|---|---|
| Entry Level 2. Unit 6 - Using ICT in the Workplace (3 credits) [99] | Level 1, Unit 21 - Data Management Software (2 credits) [100] | Level 2, Unit 21 - Data Management Software (3 credits) [101] | Level 3, Unit 29 - Set Up an IT System (5 credits) [102] |
| Entry Level 2, Unit 7 - Imaging software (2 credits) [103] | Level 1, Unit 22- Understanding the social and environmental impact of architecture and construction (3 credits) [104] | Level 2, Unit 22 -Understanding the social and environmental impact of architecture and construction (4 credits) [105] | Level 3, Unit 32 - Computerised Accounting Software (5 credits) [106] |
| Entry Level 2. Unit 8 - Using ICT Equipment in a Work Place (2 credits) [107] | Level 1, Unit 23 - Multimedia Software (3 credits) [108] | Level 2, Unit 23 - <u>Multimedia</u> Software (4 credits) [109] | Level 3, Unit 33 - Application Development Using Project Management Methods (6 credits) [110] |
| Entry Level 2. Unit 9 - Using Word Processing Software (2 credits) [111] | Level 1, Unit 24 - Additive Manufacture (3 credits) [112] | Level 2, Unit 24 - Additive Manufacture (3 credits) [113] | Level 3, Unit 37 - Internet of Things (6 credits) [114] |
| Entry Level 2. Unit 10 - ICT for Employment (1 credit) [115] | Level 1, Unit 25 - Developing Computer Games and Puzzles (4 credits) [116] | Level 2, Unit 25 - Developing Computer Games and Puzzles (4 credits) [117] | Level 3, Unit 40 - Cloud Based Services and Applications (5 credits) [118] |
| Entry Level 2. Unit 11 - Audio and Video Software (2 credits) [119] | Level 1, Unit 26 - Computer Games Development (3 credits) [120] | Level 2, Unit 26 - Computer Games Development (4 credits) [121] | Level 3, Unit 41 - Cloud Based Systems and Security (5 credits) [122] |
| Entry Level 2. Unit 12 - Presentation Software (2 credits) [123] | Level 1, Unit 27 - Design Software (3 credits) [124] | Level 2, Unit 27 - Design Software (4 credits) [125] | Level 3, Unit 42 - Undertaking a RealWorld Project (5 credits) [126] |
| Entry Level 2. Unit 14 - Video Communication (2 credits) [127] | Level 1. Unit 28 - Optimise IT System Performance (2 credits) [128] | Level 2, Unit 28 - Optimise IT System Performance (4 credits) [129] | Level 3, Unit 44 - Bespoke Software (4 credits) [130] |

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| Entry Level 2, Unit 16 - Using Collaborative Technologies (2 credits) [131] | Level 1, Unit 29 - Set Up an IT System (3 credits) [132] | Level 2, Unit 29 - Set Up an IT System (4 credits) [133] | <u>Level 3, Unit 57 -</u> <u>Networking</u> <u>Fundamentals (5</u> <u>credits)</u> [134] |
|--|---|---|--|
| Entry Level 2, <u>Unit 26 -</u> Computer Games Development (2 credits) [135] | Level 1, Unit 30 - CAD (3 credits) [136] | Level 2, Unit 30 - CAD (3 credits) [137] | Level 3, Unit 60 - Cisco CCNA 1 - Introduction to Networks (6 credits) [138] |
| Entry Level 2, Unit 29 - Understand social media (2 credits) [139] | Level 1, Unit 31 - Internet Safety for IT users (3 credits) [140] | Level 2, Unit 32 - Computerised Accounting Software (3 credits) [141] | Level 3, Unit 61 - Cisco CCNA 2 - Routing and Switching (6 credits) [142] |
| Entry Level 2. Unit 32 - Website Software (2 credits) [143] | Level 1, Unit 32 - Computerised Accounting Software (2 credits) [144] | Level 2, Unit 33 - Application Development Using Project Management Methods (4 credits) [145] | Level 3, Unit 62 - Cisco CCNA 3 - Scaling Networks (6 credits) [146] |
| Entry Level 2, Unit 36 - Specialist Software (2 credits) [147] | <u>Level 1, Unit 36 -</u> <u>Financial</u> <u>Modelling (3</u> <u>credits)</u> [148] | Level 2, Unit 34 - Developing skills for project management (4 credits) [149] | <u>Level 3, Unit 63 -</u> <u>Cisco CCNA 4 -</u> <u>Connecting</u> <u>Networks (6</u> <u>credits)</u> [150] |
| Entry Level 3. <u>Unit R -</u> Registration [151] | Level 1, Unit 38 - Animation Software (3 credits) [152] | Level 2, Unit 35 - Using Project Management Software (4 credits) [153] | Level 3, Unit 64 - <u>Cisco – CCNA</u> <u>Security (6</u> <u>credits)</u> [154] |
| Entry Level 3, Unit 1 - Improving Productivity Using IT (3 credits) [155] | <u>Level 1, Unit 39 -</u> Digital Art (3 <u>credits)</u> [156] | Level 2, Unit 38 - Animation Software (4 credits) [157] | <u>Level 3, Unit 65 -</u> <u>Cisco -</u> <u>CyberSecurity</u> <u>Essentials (6</u> <u>credits)</u> [158] |
| Entry Level 3, <u>Unit 2 - Online</u> <u>Basics (1 credit)</u> [159] | Level 1, Unit 43 - E-safety for learners (2 credits) [160] | Level 2, Unit 39 - Digital Art (4 credits) [161] | <u>Level 3, Unit 66 -</u> <u>Cisco – IT</u> <u>Essentials (6</u> <u>credits)</u> [162] |
| Entry Level 3. Unit 3 - Desktop Publishing Software (2 credits) [163] | Level 1, Unit 50 - Developing skills for remote working (3 credits) [164] | Level 2, Unit 43 - E-safety for learners (3 credits) [165] | Level 3, Unit 67 - Cisco - Networking Essentials (6 credits) [166] |
| <u>Entry Level 3.</u> <u>Unit 4 - Displaying</u> | <u>Level 1, Unit 51 -</u> Effectiveness | <u>Level 2, Unit 50 -</u> Developing skills | |

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Information Using communication for remote ICT (3 credits) using remote working (3 credits) [167] systems (4 [169] credits) [168] Entry Level 3. Level 1. Unit 102 Level 2. Unit 51 -Unit 5 - Using ICT - Digital Editing **Effectiveness** to Find and Publishing (4 communication credits) [171] Information (3 using remote <u>credits</u> [170] systems (4 credits) [172] Entry Level 3, Level 1. Unit 103 **DELLevel 2. Unit** <u>Unit 6 -</u> - Digital Modelling 70 -(4 credits) [174] Communicating Understanding of Information Using Cyber Security ICT (3 credits) and Online [173] Threats (3 credits) [175] Level 1, Unit 105 DELLevel 2, Unit Entry Level 3, Unit 7 - Producing - Digital Design 71 - Analysing and Charts Using ICT and Graphics (4 **Evaluating Cyber** (3 credits) [176] credits) [177] Threats (3 credits) [178] Entry Level 3, **DELLevel 2, Unit** Unit 8 - IT Security 72 - Applying and for users (1 credit) <u>Deplovina</u> [179] Security Tools and **Best Practice (3** <u>credits</u> [180] Entry Level 3, **DELLevel 2, Unit** <u>Unit 10 -</u> 73 - Extended Presentation Project: Securina software (2 and Defending credits) [181] Online Systems (6 credits) [182] Entry Level 3, Level 2, Unit 80 -Unit 14 - Audio **Digital Tools and** and Video **Best Practice for** Software (2 Project credits) [183] Management (5 <u>credits</u> [184] Entry Level 3, Level 2, Unit 81 -Unit 15 - Imaging Digital Safety and Software (2 Security Policies credits) [185] and Procedures (4 credits) [186] Entry Level 3, Level 2, Unit 82 -Unit 16 - Using **Digital Editing and** Publishing (3 **Collaborative** credits) [188] Technologies (3

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Entry Level 3, Unit 20 -Introduction to Using mobile IT devices (2 credits) [189]

Entry Level 3. Unit 23 -Multimedia Software (2 credits) [191]

Entry Level 3. Unit 25 -Developing Computer Games and Puzzles (3 credits) [193]

Entry Level 3. Unit 26 -Computer Games Development (3 credits) [195]

Entry Level 3, Unit 28 - Personal information management software (1 credit) [196]

Entry Level 3, Unit 32 - Website Software (2 credits) [197]

Entry Level 3, Unit 36 - Specialist Software (2 credits) [147] Level 2, Unit 83 -Digital Design and Graphics (3 credits) [190]

Level 2, Unit 84 -Digital Modelling and Data Management (3 credits) [192]

Level 2, Unit 85 -Virtual Reality and the Development Life Cycle (4 credits) [194]

Source URL: https://theingots.org/community/SIL3U4

Links

[1] https://theingots.org/community/ITQ_unit_development

[2] https://theingots.org/community/handbook2

[3] https://theingots.org/community/QCF_levels

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[4] https://theingots.org/community/SIL2U1X [5] http://nationalstrategies.standards.dcsf.gov.uk/focuses/959/861/110166 [6] http://curriculum.gcda.gov.uk/key-stages-3-and-4/skills/plts/planning-for-plts/index.aspx [7] https://theingots.org/community/sil3u4x#1.1 [8] https://theingots.org/community/sil3u4x#1.2 [9] https://theingots.org/community/sil3u4x#1.3 [10] https://theingots.org/community/sil3u4x#1.4 [11] https://theingots.org/community/sil3u4x#1.5 [12] https://theingots.org/community/sil3u4x#1.6 [13] https://theingots.org/community/sil3u4x#1.7 [14] https://theingots.org/community/sil3u4i [15] https://theingots.org/community/siel1u0reg [16] https://theingots.org/community/sil1u0reg [17] https://theingots.org/community/sil2u0reg [18] https://theingots.org/community/sil3u0reg [19] https://theingots.org/community/siel1u1 [20] https://theingots.org/community/sil1u1 [21] https://theingots.org/community/sil2u1 [22] https://theingots.org/community/sil3u1 [23] https://theingots.org/community/siel1u2 [24] https://theingots.org/community/sil1u2 [25] https://theingots.org/community/sil2u2 [26] https://theingots.org/community/sil3u2 [27] https://theingots.org/community/siel1u3 [28] https://theingots.org/community/sil1u3 [29] https://theingots.org/community/sil2u3 [30] https://theingots.org/community/sil3u3 [31] https://theingots.org/community/siel1u4 [32] https://theingots.org/community/sil1u4 [33] https://theingots.org/community/sil2u4 [34] https://theingots.org/community/sil3u4 [35] https://theingots.org/community/siel1u5 [36] https://theingots.org/community/sil1u5 [37] https://theingots.org/community/sil2u5 [38] https://theingots.org/community/sil3u5 [39] https://theingots.org/community/siel1u6 [40] https://theingots.org/community/sil1u6 [41] https://theingots.org/community/sil2u6 [42] https://theingots.org/community/sil3u6 [43] https://theingots.org/community/siel1u7 [44] https://theingots.org/community/sil1u7 [45] https://theingots.org/community/sil2u7 [46] https://theingots.org/community/sil3u7 [47] https://theingots.org/community/siel1u8 [48] https://theingots.org/community/sil1u8 [49] https://theingots.org/community/sil2u8 [50] https://theingots.org/community/sil3u8 [51] https://theingots.org/community/siel1u9 [52] https://theingots.org/community/sil1u9 [53] https://theingots.org/community/sil2u9 [54] https://theingots.org/community/sil3u9 [55] https://theingots.org/community/siel1u11 [56] https://theingots.org/community/sil1u10 [57] https://theingots.org/community/sil2u10 [58] https://theingots.org/community/sil3u10 [59] https://theingots.org/community/siel1u12 [60] https://theingots.org/community/sil1u11 [61] https://theingots.org/community/sil2u11 [62] https://theingots.org/community/sil3u11

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[63] https://theingots.org/community/siel1u13 [64] https://theingots.org/community/sil1u12 [65] https://theingots.org/community/sil2u12 [66] https://theingots.org/community/sil3u12 [67] https://theingots.org/community/siel1u14 [68] https://theingots.org/community/sil1u13 [69] https://theingots.org/community/sil2u13 [70] https://theingots.org/community/sil3u13 [71] https://theingots.org/community/siel1u29 [72] https://theingots.org/community/sil1U14 [73] https://theingots.org/community/sil2u14 [74] https://theingots.org/community/sil3u14 [75] https://theingots.org/community/siel2u0reg [76] https://theingots.org/community/sil1u15 [77] https://theingots.org/community/sil2u15 [78] https://theingots.org/community/sil3u15 [79] https://theingots.org/community/siel2u1 [80] https://theingots.org/community/sil1u16 [81] https://theingots.org/community/sil2u16 [82] https://theingots.org/community/sil3u17 [83] https://theingots.org/community/siel2u2 [84] https://theingots.org/community/sil1u17 [85] https://theingots.org/community/sil2u17 [86] https://theingots.org/community/sil3u23 [87] https://theingots.org/community/siel2u3 [88] https://theingots.org/community/sil1u18 [89] https://theingots.org/community/sil2u18 [90] https://theingots.org/community/sil3u24 [91] https://theingots.org/community/siel2u4 [92] https://theingots.org/community/sil1u19 [93] https://theingots.org/community/sil2u19 [94] https://theingots.org/community/sil3u27 [95] https://theingots.org/community/siel2u5 [96] https://theingots.org/community/sil1u20 [97] https://theingots.org/community/sil2u20 [98] https://theingots.org/community/sil3U28 [99] https://theingots.org/community/siel2u6 [100] https://theingots.org/community/sil1u21 [101] https://theingots.org/community/sil2u21 [102] https://theingots.org/community/sil3u29 [103] https://theingots.org/community/siel2u7 [104] https://theingots.org/community/sil1u22 [105] https://theingots.org/community/sil2u22 [106] https://theingots.org/community/sil3u32 [107] https://theingots.org/community/siel2u8 [108] https://theingots.org/community/sil1u23 [109] https://theingots.org/community/sil2u23 [110] https://theingots.org/community/sil3u33 [111] https://theingots.org/community/siel2u9 [112] https://theingots.org/community/sil1u24 [113] https://theingots.org/community/sil2u24 [114] https://theingots.org/community/sil3u37 [115] https://theingots.org/community/siel2u10 [116] https://theingots.org/community/sil1u25 [117] https://theingots.org/community/sil2u25 [118] https://theingots.org/community/sil3u40 [119] https://theingots.org/community/siel2u11 [120] https://theingots.org/community/sil1u26 [121] https://theingots.org/community/sil2u26

(function(i,s,o,g,r,a,m){i['GoogleAnalyticsObject']=r;i[r]=i[r]||function(){ (i[r].q=i[r].q||[]).push(arguments)},i[r].l=1*new Date();a=s.createElement(o), m=s.getElementsByTagName(o)[0];a.async=1;a.src=g;m.parentNode.insert**Bage**会命加]1 })(window,document,'script','//www.google-analytics.com/analytics.js','ga'); ga('create', 'UA-46896377-2', 'auto'); ga('send', 'pageview');

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[122] https://theingots.org/community/sil3u41 [123] https://theingots.org/community/siel2u12 [124] https://theingots.org/community/sil1u27 [125] https://theingots.org/community/sil2u27 [126] https://theingots.org/community/sil3u42 [127] https://theingots.org/community/siel2u14 [128] https://theingots.org/community/sil1u28 [129] https://theingots.org/community/sil2u28 [130] https://theingots.org/community/sil3u44 [131] https://theingots.org/community/siel2u16 [132] https://theingots.org/community/sil1u29 [133] https://theingots.org/community/sil2u29 [134] https://theingots.org/community/sil3u57 [135] https://theingots.org/community/siel2u26 [136] https://theingots.org/community/sil1u30 [137] https://theingots.org/community/sil2u30 [138] https://theingots.org/community/sil3u60 [139] https://theingots.org/community/siel2u29 [140] https://theingots.org/community/sil1u31 [141] https://theingots.org/community/sil2u32 [142] https://theingots.org/community/sil3u61 [143] https://theingots.org/community/siel2u32 [144] https://theingots.org/community/sil1u32 [145] https://theingots.org/community/sil2u33 [146] https://theingots.org/community/sil3u62 [147] https://theingots.org/community/siel3u36 [148] https://theingots.org/community/sil1u36 [149] https://theingots.org/community/sil2u34 [150] https://theingots.org/community/sil3u63 [151] https://theingots.org/community/siel3u0reg [152] https://theingots.org/community/sil1u38 [153] https://theingots.org/community/sil2u35 [154] https://theingots.org/community/sil3u64 [155] https://theingots.org/community/siel3u1 [156] https://theingots.org/community/sil1u39 [157] https://theingots.org/community/sil2u38 [158] https://theingots.org/community/sil3u65 [159] https://theingots.org/community/siel3u2 [160] https://theingots.org/community/sil1u43 [161] https://theingots.org/community/sil2u39 [162] https://theingots.org/community/sil3u66 [163] https://theingots.org/community/siel3u3 [164] https://theingots.org/community/sil1u50 [165] https://theingots.org/community/sil2u43 [166] https://theingots.org/community/sil3u67 [167] https://theingots.org/community/siel3u noprogression 1169 [168] https://theingots.org/community/sil1u51 [169] https://theingots.org/community/sil2u50 [170] https://theinaots.ora/community/siel3u5 [171] https://theingots.org/community/sil1u102 [172] https://theingots.org/community/sil2u51 [173] https://theingots.org/community/siel3u6 [174] https://theingots.org/community/sil1u103 [175] https://theingots.org/community/sil2u70 [176] https://theingots.org/community/siel3u7 [177] https://theingots.org/community/sil1u105

[178] https://theingots.org/community/sil2u71

[179] https://theingots.org/community/siel3u4

[180] https://theingots.org/community/sil2u72

⁽function(i,s,o,g,r,a,m){i['GoogleAnalyticsObject']=r;i[r]=i[r]|function(){ (i[r].q=i[r].q||[]).push(arguments)},i[r].l=1*new Date();a=s.createElement(o), m=s.getElementsByTagName(o)[0];a.async=1;a.src=g;m.parentNode.insert@@fm]1 })(window,document,'script','//www.google-analytics.com/analytics.js','ga'); ga('create', 'UA-46896377-2', 'auto'); ga('send', 'pageview');

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[181] https://theingots.org/community/siel3u10 [182] https://theingots.org/community/sil2u73 [183] https://theingots.org/community/siel3u14 [184] https://theingots.org/community/sil2u80 [185] https://theingots.org/community/siel3u15 [186] https://theingots.org/community/sil2u81 [187] https://theingots.org/community/siel3u16 [188] https://theingots.org/community/sil2u82 [189] https://theingots.org/community/siel3u20 [190] https://theingots.org/community/sil2u83 [191] https://theingots.org/community/siel3u23 [192] https://theingots.org/community/sil2u84 [193] https://theingots.org/community/siel3u25 [194] https://theingots.org/community/sil2u85 [195] https://theingots.org/community/siel3u26 [196] https://theingots.org/community/siel3u28 [197] https://theingots.org/community/siel3u32

(function(i,s,o,g,r,a,m){i['GoogleAnalyticsObject']=r;i[r]=i[r]|function(){ (i[r].q=i[r].q||[]).push(arguments)},i[r].l=1*new Date();a=s.createElement(o), m=s.getElementsByTagName(o)[0];a.async=1;a.src=g;m.parentNode.insertagentalanfn]1 })(window,document,'script','//www.google-analytics.com/analytics.js','ga'); ga('create', 'UA-46896377-2', 'auto'); ga('send', 'pageview');