Schools ITQ Entry 2 Unit 5 - (Bronze 5)

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Entry Level 2, Unit 5 - Using ICT: Safe Working Practices (1 credit)

1. Know about health and safety measures that should be followed when using ICT equipment	2. Know about PINs and passwords
1.1 Outline safety checks that need to be made prior to using ICT equipment. [5]	2.1 Give examples of where PINs and passwords may be required. [6]
1.2 State how often breaks should be taken when using a computer. [7]	2.2 State why PINs and passwords need to be secure. [8]
1.3 State a reason for taking breaks when using a computer. [9]	2.3 State how to keep PINs and passwords secure. [10]
1.4 Demonstrate personal posture needed when using a desk top computer. [11]	
1.5 State where support can be obtained when adjustments are required for own safety and comfort. [12]	

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[179] https://theingots.org/community/sil2u72

[180] https://theingots.org/community/siel3u10
[181] https://theingots.org/community/sil2u73
[182] https://theingots.org/community/siel3u14
[183] https://theingots.org/community/sil2u80
[184] https://theingots.org/community/siel3u15
[185] https://theingots.org/community/sil2u81
[186] https://theingots.org/community/siel3u16
[187] https://theingots.org/community/sil2u82
[188] https://theingots.org/community/siel3u20
[189] https://theingots.org/community/sil2u83
[190] https://theingots.org/community/siel3u23
[191] https://theingots.org/community/sil2u84
[192] https://theingots.org/community/siel3u25
[193] https://theingots.org/community/sil2u85
[194] https://theingots.org/community/siel3u26
[195] https://theingots.org/community/siel3u28
[196] https://theingots.org/community/siel3u32

```
(function(i,s,o,g,r,a,m){i['GoogleAnalyticsObject']=r;i[r]=i[r]||function(){ (i[r].q=i[r].q||[]).push(arguments)},i[r].l=1*new
Date();a=s.createElement(o), m=s.getElementsByTagName(o)[0];a.async=1;a.src=g;m.parentNode.insertBefore(a,m)
})(window,document,'script','//www.google-analytics.com/analytics.js','ga'); ga('create', 'UA-46896377-2', 'auto'); ga('send',
'pageview');
```